

Brookfield Primary Academy – PE Long Term Plan 2025-2026

	Autumn 1 (8 weeks)	Autumn 2 (7 weeks)	Spring 1 (6 weeks)	Spring 2 (5 weeks)	Summer 1 (6 weeks)	Summer 2 (7 weeks)
FS1	Dance (Locomotion), Games (Object Control) and Gymnastics (Balance) combined each term					
FS2						
KS1 2 hours	Fundamental Movement Skills – Object Control Ball skills	Dance *linked to fireworks (Y1) Linked to Toys (Y2)	Gymnastics	Fundamental Movement Skills – Locomotion/ Stability Changing Routines/ movement	Team Games & Simple Tactics Basketball	Athletics and Sports Day Practice
KS2 Lesson 1	Invasion Games Football	Gymnastics	Dance	Fitness	Athletics	Net & Wall Games Tennis
KS2 Lesson 2	Invasion Games Tag Rugby	Invasion Games Dodgeball	Invasion Games Basketball	Outdoor & Adventurous Activities (OOA) Orienteering	Striking & Fielding Cricket	Striking & Fielding Rounders and then Sports Day practice
ACET comps	Waverley Y3/4 football					
Rotherham School Games Comps	Utilita Cup Y5/6 KS2 Cross Country KS2 Parkour Come Try Matball		KS2 Play on a Pitch day – New York Stadium		Y3/4 Gymnastics – less confident? Y6 Colour Run (end of SATs)	KS2 Movement Festival KS2 Skipping Festival Y4 Multi Skills (Festival of Sport)
Local cluster comps	Swinton Comp: Netball/Matball tournament Y5		Swinton Comp: Y3 Indoor Athletics	Swinton Comp: Y4 Dance Comp		Local Rounders Y6 at Swinton
Rationale		Gymnastics indoors as weather breaks		Weather better to be outdoors in woods	Weather better to be outdoors Sports day in Summer 2	Weather better to be outdoors Sports day in Summer 2

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*Yoga – rainy day, limited hall space - backup

***Rationale for more invasion games:** develop widest range of transferable skills, build tactile understanding more effectively, supports social and interpersonal development, align with our pupils' interests and participation outside school, local and wider competitive opportunities

***Rationale for number of swimming sessions:** 12-15 weeks is deemed good practice for Y4s, Y6 non swimmers attend with them. Currently being reviewed with Swim Ed

***Computer suite cloakroom** will be used as store for resources for each half term to avoid people having to dig items in and out of PE cupboard. In summer 2 tennis nets will be put up in MUGA which will be out of use at play/lunchtime

Overview of what a child will learn at BPA:

EYFS	Dance	Gymnastics	Games					
KS1	Dance	Gymnastics- Locomotion/ Stability	Object Control- Basketball	Athletics				
KS2	Dance	Gymnastics	Invasion Games - Tag Rugby Dodgeball Basketball Football	Athletics	Striking and fielding - Cricket	Orienteering	Fitness	Net and Wall games - Tennis