

Year 6 RSHE Coverage

Term	Autumn 1			
Theme	Community (Online safety)		Relationships (Friendships)	
Unit	Bias	Echo chambers	What are stereotypes?	How do I accept my friends for who they are?
Unit objectives	<ul style="list-style-type: none"> - Understand that not everything they read is true or without bias - Understand that bias can mislead readers, and that there are multiple perspectives to many stories - Appreciate that everyone is at least a bit biased, so we have to be careful to balance our views and tolerate disagreement 	<ul style="list-style-type: none"> - Understand how different groups have their own motivations, often based around commercial or ideological reasons - Understand how social media tends to limit the number of opposing views that we encounter 	<ul style="list-style-type: none"> - Understand what stereotypes are - Critique media and identify stereotypes in the world around them - Learn how to challenge stereotypes when they see them 	<ul style="list-style-type: none"> - Accurately use language relating to gender, sexuality and identity - Understand that gay, bisexual, transgender and non-binary people may face discrimination - Appreciate that we should treat everyone with respect, regardless of their physical appearance
Unit vocabulary	Bias, groups, viewpoints, propaganda	Echo chamber, bias, groups, viewpoints, propaganda	Gender stereotypes, male, female, man, woman, sexism	Gender, male, female, intersex, non-binary, lesbian, gay, bisexual, transgender, sexual orientation

Term	Autumn 2		
Theme	Community (Online safety)	Community	
Unit	Does the internet make us happy?	What makes us feel like we belong?	What does it mean to be British?
Unit objectives	<ul style="list-style-type: none"> - Appreciate that there is both positive and negative content online - Understand that social media can exert pressure on us, by making us feel jealous or insecure about our own lives - Understand that images and videos that we see online are not always a true reflection of reality 	<ul style="list-style-type: none"> - Understand why some people must leave their countries <ul style="list-style-type: none"> - Appreciate why some people choose to come to the U.K. - Know that most refugees stay near their country of origin - Understand that some countries are affected by war, poverty and oppression, and this contributes to migration into this, and other, countries <ul style="list-style-type: none"> - Appreciate that migrants are often the victims of discrimination and ill-treatment and that very few people are illegal immigrants (as opposed to legal immigrants and asylum seekers) 	<ul style="list-style-type: none"> - Discuss what it means to belong to a country - Appreciate that people can have more than one nationality - Understand that our country's culture is made up of all of the different immigrants that have come here over thousands of years
Unit vocabulary	Social media, anxiety, jealous, insecure, vulnerable, analyse	Rights, refugees, asylum seekers, migration, immigrant	Culture, religion, language

Term	Spring 1		
Theme	Health and wellbeing (Sexual reproduction)	Community	
Unit	How do plants and animals reproduce?	How can I be a great citizen?	Why is money important?
Unit objectives	Taught through science	<ul style="list-style-type: none"> - Understand that we all rely on the people around us - Identify the ways that we can help people around us without upsetting them - Understand that changes in our behaviour can allow people to be included 	<ul style="list-style-type: none"> - Identify the ways that money affects their lives - Understand that not everyone has the same access to money and employment across the world
Unit vocabulary		Citizen, disabled people, disability, community, society, built environment	Poverty, inequality, privilege

Term	Spring 2		
Theme	Health and Wellbeing (Physical wellbeing)		
Unit	Why do some people take drugs?	Where should I get my health information?	How do I save a life?
Unit objectives	<ul style="list-style-type: none"> - Understand that some drugs help us and some do not - Understand some of the reasons why people take recreational and addictive drugs - Understand the risks of taking drugs, alcohol and tobacco 	<ul style="list-style-type: none"> - Understand that not all information is accurate, even if it appears to be - Identify inaccurate health information - Know where to find accurate sources of health information 	<ul style="list-style-type: none"> - Identify common hazards Know basic first aid techniques - Understand how to react in emergency situations - Understand when and how to make an emergency 999 call
Unit vocabulary	Drugs, illegal, alcohol, tobacco, cigarettes, addictive, addiction	Verify, misinformation, fake news, genuine, accurate, vaccination, 'anti-vax'	Danger, hazard, environment

Term	Summer 1	
Theme	Health and wellbeing (Physical health- Growing up- puberty)	
Unit	How will my body change as I get older?	How will my feelings change as I get older?
Unit objectives	- Understand the physical changes that people go through during puberty, particularly ages 9 -11	- Understand the emotional and mental changes that people go through when they reach puberty
Unit vocabulary	Puberty, testicles, penis, Adam's apple, erection, ejaculation, vagina, vulva, clitoris, discharge, menstruation, period, wet dream	Hormones, moods, anxiety, insecurity, self-conscious, risk

Term	Summer 2	
Theme	Health and wellbeing (Growing up- Puberty)	Optional unit Health and wellbeing (Sexual reproduction)
Unit	How will I stay clean during puberty?	Optional unit
Unit objectives	<ul style="list-style-type: none"> - Changes and importance during puberty. - Hygiene (personal hygiene) 	<ul style="list-style-type: none"> - To know the internal sex organs and how they are used to create a baby - To know the basic facts about what happens during sex - To know that the law states that people should not have sex until they are over 16 and consent is given by those involved
Unit vocabulary	Hygiene, sweat glands, smegma, genitals, bacteria, essential, luxury, poverty	Penis, pubic hair, foreskin, scrotum, testicles, erection, ejaculate, sperm, urethra, clitoris, anus, vagina, labia, cervix, uterus, ovary, fallopian tube, ovum, reproduction, pregnancy, discharge, fertilisation